Integrating Music, Drama, and Dance Helps Children Explore and Learn

“Oh no, the monkeys are loose! What can we do?”

It’s a simple question, but when a teacher, taking the role of a zookeeper, poses it to a group of children, learning happens. The scenario opens the door to creativity and free play. It introduces the concepts of animal needs and animal habitats. It sparks exploration of STEAM subjects (Science, Technology, Engineering, Arts, Mathematics), setting young children up for a lifetime as learners, problem solvers, and artists.

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Integrating the arts

The teacher-in-the-role-of-a-zookeeper/monkeys-on-the-loose example represents one way teachers can integrate arts into curriculum to help young children explore and learn. Through the teacher-in-role approach, children learn by engaging in dramatic, active play. With this technique, the teacher brings the lesson to life and asks rich, open-ended questions that encourage children to apply critical thinking skills to activities that touch on all the STEAM fields.

Through decades of practice and research at the Wolf Trap Institute for Early Learning Through the Arts, we’ve seen that integrating the performance arts—music, drama, and dance—into core subjects helps young children learn better across the curriculum. Arts-integrated teaching taps into children’s natural desire for active learning through the senses. By singing, dancing, imagining, and connecting their bodies and minds, children learn more deeply and meaningfully, especially in subjects like reading, math, and science.

The Wolf Trap Institute developed a model using classroom residencies that paired professional teaching artists—musicians, dancers, actors, puppeteers—with early childhood educators to prepare teachers to lead with arts-integrated techniques. Working side by side with a teaching artist and receiving hands-on experience, teachers develop arts-based teaching skills. They discover how to promote innovative, high-quality learning by preschoolers through singing, dancing, role-playing, storytelling, and other performing arts activities. And it works.

A recent study confirmed that arts-integrated instruction techniques can boost learning in subjects other than the arts. Arts-integrated learning is not an extra or an add-on for early learning educators, but a valuable strategy to prepare young children for success in school.

Teacher-in-role

The teacher-in-role strategy challenges children to use creativity and critical thinking through dramatic play. Use this strategy to

- Help children solve a problem (where there is more than one way to solve it)
- Ask intentional, open-ended questions to guide children’s exploration
- Create a safe environment in which failure and revision are part of the process

In the zookeeper example, the teacher takes on a role and leads the children in a dramatic experience to help them practice problem solving. He guides them in using the six steps of the engineering design process:

1. Define/identify the problem
2. Plan the solution
3. Build the solution
4. Test the solution
5. If it does not work, use what you learned to improve your plan and try again
6. When it does work, share the results

SUPPORTING DUAL LANGUAGE LEARNERS

Music, drama, and dance provide wonderful opportunities to support learning, but DLLs can miss a lot of the activities when they don’t understand all of the words. Use intentional strategies to prepare DLLs by introducing words from the story in advance and connecting them to the child’s home language so they’ll be ready to follow along. Use predictable gestures, pictures, and verbal cues to make it easier for DLLs to participate in your joyful exploration of the arts. Translating “The monkeys are loose! What can we do?” helps each child jump right into the play!
Wolf Trap Master Teaching Artist Kofi Dennis uses music and a steady beat to strengthen students’ counting skills as they count the beats of the drum.

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Using the teacher-in-role technique, you can accept or encourage suggestions, even those that seem unlikely to work, and then help the children reflect on their practice to make revisions. Avoid giving the children the “correct” answer. Rather, let the children use the dramatic play experience to create, discover, and try again in a safe and engaging environment.

Creative experiences guided by intentional teaching produce learning opportunities for young children. Through drama, music, dance, and puppetry, children experience the joy of being artists while learning essential skills across the STEAM subjects. They approach challenges like engineers do. They learn fundamentals of mathematics when counting beats in a song. Through dance, they recognize patterns, which are an essential building block for algebraic thinking. Children tell stories in ways that prepare them to become readers and eloquent speakers. They become problem solvers as they apply important skills and strategies and build a foundation of STEAM tools to use in various situations.

When teachers effectively integrate the arts in lessons across the curriculum, children learn the fundamentals of math, language arts, and science that will prepare them for success in school, and for a life of engagement in the arts.